

3 Stages of Personal Growth:

All living things experience **Transformation and Transfiguration**, only Man fails to look, listen and learn from the lessons of the environment and from the stories of old. In our tradition Bible Stories are all about Spiritual matters, about the Migration of the Soul, from Spirit of Man to Spirit of the Wilderness to Spirit of God - Mind Body Soul. They're all Spiritual truths, Creation Myths; stories about the Creation of a Universal Soul; the Spirit of God.

"I must decrease and 'He' must increase" John 3.30

The beginnings to anything start with a mind change by turning inwards. But like a seed it takes watering and nurturing to complete the cycle. One example of the cycle is in the migration of young fish that are lead by moving clouds from the mouth of the ocean into murky rivers where they undergo a sex change, after which they return to the life of the ocean. So too is the journey of an awakened spirit. Our Conscience is our Guide (our cloud) to take us through the belly of this earth, then through the wilderness of our institutions, our deserts, our conditioning, into the Promised Land - a State of Grace, Heaven on Earth, and a Oneness with the Universal Spirit (Our Personal God and shepherd). The Bible says:

"You will know them by their Spirit".

In the 'New Testament' John, Jesus, Christ are the 3 stages, 3 spirits of Creation of the Whole Mind Experience or the Marriage Feast with Spirit; Father, Son/Sun and Holy Ghost. The Holy Trinity is buried Treasure, buried between the good and the bad in all of us.

3 stages of the Mind Journey or Spiritual Journey as told by the sages of the ages is to be experienced by all seekers of truth.

"Know Thyself" is the identical admonition in the philosophy of Eastern and Western systems of healing in early times in the ancient Tao from China and in the Oracle at Delphi in Greece.

A Persian saying amongst mystics *"Khodayi bekhodayi'st"* translated: *"Awareness of Oneself is awareness of God"*. John's Gospel *"When you see 'Him' you will become like 'Him'"*

Shakespeare's famous words *"To be or not to be, that is the question"* have the same ring as Socrates' words *"self examination is the beginning to life"*.

Life is but Interpretation, Translation and Transformation, A Jungle of Words and Curves to Confuse and to Difuse the Human Race.

Salaem and Amen, Peace to All Men and Women is My Purpose!