

“I Know you won’t believe me, but the highest form of Human Excellence is to question oneself and others”.

Socrates 469-399BC;

“The unexamined life is not worth living”.

Plato, 428 – 348BC student of Socrates and teacher of Aristotle;

“All beings desire to know” said Aristotle.

Khadei be Khadeist - To know oneself is to know God Mystic sufis

Thankyou all for coming to the launching of **Out of Egypt Have I Called My Son** on this Fathers’ Day Celebration. Revelations revealed in this book are about my father and Our Spiritual Father, God. Walking on spiritual waters with God turned my life around when I was 40. My focus at all times was on Love and Trust - Faith, Hope and Charity.

I experienced the excitement of discovering extended family, the excitement of historical and spiritual enlightenment and the excitement of hours and hours of piecing words together while living a peripatetic existence while raising and caring for my family these past 18 years.

I learnt from this experience that we can’t compare lives or compete with other lives, we are individuals, all with our own gifts to give and at the same time all with our own personal thoughts to contend with.

We all experience suffering in one form or another. No one really knows how much another person suffers. It is very hard sometimes to express oneself in words so that others can understand the difference there is between the physical, that which is seen, and the spiritual, that which is unseen. This is what I’ve tried to do in this book.

Spiritual warfare is just as painful as is physical warfare.

“At rest, however, in the middle of everything is the sun.”

Nicolaus Copernicus 1473-1543 said:

On this mind journey, spiritual journey, and physical journey, I met face to face with the greatest love of all. I met with My God, the sun and the light of our inner being.

Without this experience I could not have taken a neutral position as I did. So if I have offended anyone, it was not intended.

“It matters if you don’t give” Stephen Hawking said (1942 -)

I wrote this book to leave a legacy and to help others to overcome fear of the unknown. When God knocks at your conscience door, don’t be afraid to pick up and carry your own cross into the path of the peaceful warrior. The journey took me 3 years. This story didn’t just happen, it evolved through days and months and years of self-examination. The experience was a new creation.

“We are not creatures of circumstance, Benjamin Disraeli said: We are creators of circumstance.”

Denis Scanlon said in the Foreword : *truth is stranger than fiction.*

Those of you who will read my book, keep an open mind, be honest with yourselves before passing judgement. Do your own research, test the waters for yourselves. And when you come up against a blank wall, turn inwards for the truth . All answers will be revealed. It will hurt but at the same time, the hurt will heal washing the mind and the body, purifying the spirit as it moves deep into the soul, into the centre of the universe, into the sacred place of the Son/Sun, the spirit of God.

German philosopher, Immanuel Kant 1724 – 1804 said:

“Answering the question: what is enlightenment? Enlightenment is man’s leaving his self-caused immaturity. Immaturity is the incapacity to use one’s intelligence without the guidance of another”.

And Albert Einstein said:

“Try not to become a man of success but a man of value.”

Renewing the mind by judging oneself is all it takes to understand the conditioning of all minds.

With upright body, head and neck lead the mind and its power into the heart; and the OM of Brahman will then be thy boat with which to cross the rivers of fear.”

Chapter VI Bhagavad Gita

"There is no meaning existing in life - one has to create it. Only if you create it, will you discover it. It has to be invented first. It is not lying there like a rock; it has to be created like a song. It is not a thing; it is a significance that you bring through your consciousness (Osho)

And Finally – There is no gift like the present. The present is the most sacred time of all times, it’s all we have, share in it and Remember the light of God who is With You and In You!